



Sacred Heart Catholic Voluntary Academy

Part of The Blessed Peter Snow Catholic Academy Trust

PE Statement of Intent

Intent

It is our intention when teaching the PE curriculum that we develop the enjoyment of physical activity and strive to instil the importance of health and wellbeing. Our intention is to give children the opportunities to develop their skills, knowledge and understanding of sports, health and wellbeing and apply these in competitive situations, with the vision this provides them with lifelong learning skills, building reliance, team work and determination.

Implementation

We recognise that for all pupils to progress they need to be confident across each of their yearly objectives. Our PE curriculum covers the knowledge and skills outlined in the National Curriculum and ensures all children are given opportunities to be challenged to progress their learning further

At Sacred Heart we implement our love of physical education using a wide range of resources and activities:

- Hiring specialist sports coaches from Pennine Sports to help deliver PE lessons from Reception to Year 6, up level our teaching and lead focussed after school clubs.
- Lunch time clubs in KS2, running throughout the year, to get our children moving and active during the school day.
- Year 6 Young Leaders are trained to deliver focussed games and activities at lunch times for our Reception and KS1 children.
- Our lunch time supervisors plan and lead structured sports for all children at lunch time, using a variety of resources to keep the children engaged and motivated.
- We participate in a variety of competitive sports throughout the school year, competing against our local cluster of schools. Many of these events are hosted at our local high school. We also take part in both boys and girls football/netball matches which are arranged within our local cluster of schools.
- The use of Forest School to develop team working skills for all year groups.

We use our Sports Premium Funding to fund specialist coaches, pay for our local sports memberships, buy new resources and organise visits from athletes to excite and enthuse our students.

Impact

At Sacred Heart, P.E is taught to promote enjoyment and a lifelong love of sport and physical activity for all, where children can make informed choices about how participating in physical activity promotes a healthy active lifestyle and increases physical and mental health wellbeing. Our aim is to encourage enjoyment developing a love of sport which they will continue to pursue outside of school and in their future lives. We measure the impact of our spending and teaching by keeping a record of all students who take part in after school clubs and competitions, focussing on key groups to target.

Swimming

In Sacred Heart our children attend swimming lessons every year, from Year 3 to Year 5. Any child who is not proficient and does not pass the National Curriculum expectations at the end of Year 5 continues to attend weekly swimming lessons in Year 6.