



**SACRED HEART CATHOLIC VOLUNTARY ACADEMY  
SUMMER WEEKLY MENU - WEEK 2**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Chicken Korma (milk)</b></p>  <p>Or</p> <p><b>Cheese &amp; Bean Pasta</b> (w/gluten/egg/milk/soya)</p>	<p><b>Mince &amp; Potato Pie</b> (w/gluten/milk/egg)</p>  <p>Or <b>Cheese, Onion &amp; Potato Pie</b> (w/gluten/milk/egg)</p>	<p><b>Roast Gammon with Yorkshire Puddings</b> (w/gluten/milk/egg) &amp; <b>Gravy</b> (w/gluten/milk/mustard/soya/egg/celery)</p>  <p>or <b>Five Bean Chilli</b> (celery)</p>	<p><b>Sausage Pasta Bake</b> (w/gluten/milk/egg)</p>  <p>Or</p> <p><b>Vegetable Ravioli</b> (w/gluten/egg/milk/celery)</p>	<p><b>Fish</b> (fish/w/gluten)</p>  <p>Or</p> <p><b>Cheese Quesadilla</b> (w/gluten/milk/egg)</p>
<p><b>Rice &amp; Naan Bread</b> (w/gluten/milk/egg/soya)</p> <p><b>Fresh Soup (celery)</b></p>	<p><b>Mashed Potato</b> (milk/butter/egg)</p> <p><b>French Beans &amp; Carrots Fresh Soup</b> (celery)</p>	<p><b>Roast Potatoes</b></p> <p><b>Cabbage, Carrots and Broccoli</b></p> <p><b>Fresh Soup (celery)</b></p>	<p><b>Garlic Bread</b> (w/gluten/milk)</p> <p><b>Fresh Soup (celery)</b></p>	<p><b>Chips &amp; Peas or Mushy Peas</b></p> <p><b>Fresh Soup (celery)</b></p>
<p><b>Toasties with a choice of fillings: (w/gluten/milk):</b> <b>Ham, Cheese(milk) or Beans</b> (w/gluten/egg/milk/soya)</p>	<p><b>Jacket Potato with a choice of fillings:</b> <b>Cheese(milk) or Beans</b> (w/gluten/egg/milk/soya)</p>	<p><b>Toasties with a choice of fillings: (w/gluten/milk):</b> <b>Ham, Cheese(milk) or Beans</b> (w/gluten/egg/milk/soya)</p>	<p><b>Jacket Potato with:</b> <b>Cheese (milk), Beans</b> (w/gluten/egg/milk/soya) Or <b>Tuna Mayo</b> (fish/egg/milk/mustard)</p>	<p><b>Toasties with a choice of fillings: (w/gluten/milk):</b> <b>Ham, Cheese(milk) or Beans</b> (w/gluten/egg/milk/soya)</p>
<p><b>Orange &amp; Raisin Sponge with Custard (milk/egg)</b></p>  <p><b>Cheese &amp; Biscuits</b> (w/gluten/milk/soya)</p> <p><b>Fruit/Yoghurt(milk)</b></p>	<p><b>Fruit salad</b></p>  <p><b>Homemade Biscuits</b> w/gluten/barley/egg/milk/soya</p> <p><b>Fruit/Yoghurt(milk)</b></p>	<p><b>Sticky Toffee Pudding</b> (w/gluten/egg/milk)</p>  <p><b>Jelly with Fruit</b></p> <p><b>Fruit/Yoghurt(milk)</b></p>	<p><b>Orange &amp; Chocolate dessert (milk)</b></p> <p><b>Lemon Finger Bun</b> (w/gluten/egg/milk)</p>  <p><b>Fruit/Yoghurt(milk)</b></p>	<p><b>Cupcakes</b> (w/gluten/egg/milk)</p>  <p><b>Ice Cream Tubs (milk)</b></p> <p><b>Fruit/Yoghurt (milk)</b></p>



**Fresh Salad and Seasonal Fruit & Veg Daily**

